

CURRICULUM VITAE

Prof. Dr. Siti Thomas Zulaikhah, SKM., M.Kes



A. Personal Information

Item	Details
Full Name	Prof. Dr. Siti Thomas Zulaikhah, SKM., M.Kes
Place and Date of Birth	Klaten, 20 May 1964
NIP	210109119
NIDN	0620056403
Rank and Grade	-
Academic Position	Professor (Guru Besar)
Institution	Universitas Islam Sultan Agung
Home Address	Jl. Pucang Gede Raya 30, Pucang Gading, Mranggen, Demak
Mobile Phone	081390277161 / 085727299463
Email	sitithomas@unissula.ac.id
Area of Expertise	Public Health; Environmental Health; Biostatistics
Sinta ID	5973756
Scopus ID	57208747007
Google Scholar ID	aHoM-h8AAAAJ
Courses Taught	1. Biostatistics

CURRICULUM VITAE

B. Educational Background

	S-1/Bachelor	S-2/Master	S-3/Doctor
Institution	Universitas Diponegoro	Universitas Diponegoro	Universitas Diponegoro
Field of Study	Public Health	Environmental Health	Medical/Health Sciences
Graduation Year	2002	2005	2016
Thesis/Dissertation Title	Effect of storing chicken eggs in a refrigerator on bacterial count	Analysis of factors associated with bacterial counts in traditional herbal drinks in Semarang City	Effect of tender coconut water on antioxidant status and lipid peroxidation among mercury-exposed workers

C. Professional Experience

Year	Position	Institution / Role
2012	Lecturer / Academic Staff	Universitas Islam Sultan Agung

CURRICULUM VITAE

D. Publication

Year	Position	Journal
2025	Topical Ajwa date (<i>Phoenix dactylifera</i> L.) extract cream modulates fibroblast proliferation in UV-B-Exposed Wistar rats: Effects on TNF- α and SOD levels	JURNAL TEKNOLOGI LABORATORIUM
2025	Penguatan Birrul Walidain & Fiqh Women on Students TPQ and Madrasah Diniyah Nurul Ulum di Village Karangroto	Community Empowerment Journal
2025	Relationship Level Depression with Kemunculan Ide Bunuh Diri among Students Rantau Fakultas Kedokteran Universitas Islam Sultan Agung Angkatan 2021-2023	Jurnal Ilmu Kedokteran dan Kesehatan
2025	Effect of Turmeric Ethanol Extract (<i>Curcuma Longa</i> Linn) on IL-6, IL-10 Levels and Skin Moisture	Jurnal GEMA Lingkungan Kesehatan Journal Homepage
2025	Effect of Turmeric Ethanol Extract (<i>Curcuma Longa</i> Linn.) on Tumor Necrosis Factor alpha (TNF α) and the extent of wound lesions (Experimental Study on Wistar Rats Exposed to UVB Rays)	Jurnal GEMA Lingkungan Kesehatan Journal Homepage
2025	Effect of Astaxanthin Cream on MMP-1 and SOD Expression in Wistar Rats Exposed to ultraviolet B	Medical Laboratory Technology Journal
2025	Nephroprotective Effect of a Combination of Probiotics, Tender Coconut Water, and Vitamin E in Gentamicin-Induced Acute Kidney Injury in Rats	Tropical Journal of Natural Product Research (TJNPR)
2025	The Effect of Tender Coconut Water on the Expression of Vascular Endothelial Growth Factor (VEGF) and Macrophage Type-1 (M1) in Hyperlipidemic Rats	Pharmacognosy Journal
2025	Effort Improvement Knowledge Smoking Cessation through edukasi and peragaan Hazards of Smoking with Device sederhana	SELAPARANG: Jurnal Pengabdian Masyarakat Berkemajuan (Univ Muh Mataram)
2025	Empowerment Community through Management Sampah Organik Menjadi Eco Enzim di Pucang Gading Mranggen Demak	Jurnal Pengabdian Masyarakat Kedokteran
2025	In vivo study on the effect of astaxanthin cream on preventing inflammation in skin tissue exposed to acute UVB by reducing MDA and IL-6 levels	MEDISAINS

CURRICULUM VITAE

Year	Position	Journal
2024	Effort Prevention Improvement kenakalan Adolescents through Education di SMA Nurul Ulum Village Trengguli	Community Empowerment Journal
2024	Pentingnya Improvement Knowledge and Practice Personal Hygiene on Health Reproduksi for Siswi SDN VII Batusari Mranggen Demak	Jurnal Pengabdian Masyarakat Kedokteran
2024	Correlation Nilai Ct (Cycle Threshold) with Level Keparahan Covid-19 Di Hospital Islam Sultan Agung City Semarang	Jurnal Ilmiah Sultan Agung
2024	Relationship Utilization Layanan Health with Incidence Stunting among Balita 12-59 Bulan : Study Case Control Di Service Area Community Health Center Guntur II Regency Demak	CoMPHI Journal : Community Medicine and Public Health of Indonesia Journal
2024	Effect of Tender Coconut Water Powder Enriched with Vitamin E in Preventing Oxidative Stress of Diabetes Male Wistar Rats	Pharmacognosy Journal
2023	Improvement Levels Malondialdehid (MDA) Due to Exposure Asap Cigarettes	Forikes
2023	The Effect of Coconut Water on Decreasing MDA and IL-6 Levels in Male Wistar Rats Induced with High-Fat Diet	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH AND ANALYSIS (IJMRA)
2023	Training Practice Personal Hygiene and Sanitasi Environment Kerja for Pekerja Rosok	JMM (Jurnal Masyarakat Mandiri)
2023	Hepatoprotective activity of Averrhoa bilimbi L. fruit extract on carbon tetrachloride-induced acute liver failure in Wistar rats	UNIVERSA MEDICINA
2023	Food Consumption Pattern Affects Vitamin D Levels and Quality of Life in Children during the Second Growth Spurt Period	Amerta Nutrition
2022	Pemberian Tender Coconut Water for Reducing Blood Glucose Level Puasa among Tikus with Sindroma Metabolik	Forikes
2022	Effect of Bajakah Tea Extract (Spatholobus littoralis Hassk) on High Density Lipoprotein, Triglyceride and Total Cholesterol Levels in Male Wistar Rats	Pharmacognosy Journal URL
2022	Comparison of Powdered Active Compounds Made from Tender Coconut Water Fortified with Vitamin E, Processed by Spray Drying and Freeze Drying	Pharmacognosy Journal URL

CURRICULUM VITAE

Year	Position	Journal
2022	Tender Coconut Water (<i>Cocos nucifera</i> L.) Can Increase Antioxidant Enzymes and Decrease MDA Levels: Experimental Study on Cigarette Smoke-Exposed Rats	Pharmacognosy Journal URL
2022	Pengolahan Air Kelapa Menjadi Minuman Probiotik in Effort Improving Imunitas and Well-Being Warga Banjardowo Genuk City Semarang	Jurnal ABDIMAS-KU
2022	Edukasi on Manfaat Tender Coconut Water for Meningkatkan Imunitas di Pandemic Period Covid-19	Jurnal ABDIMAS-KU
2022	Asap Cigarettes memberikan dampak on Levels CRP	Forikes
2022	Efek asap Cigarettes on Levels TAC	Forikes https://forikes-ejournal.com/
2022	Effect Education and Training on 3M-Plus on Knowledge Prevention Penularan Covid-19	Jurnal ABDIMAS-KU
2021	Suatu Kasus Akariasis among Seorang Children Laki-Laki Di Semarang	JKR (JURNAL KEDOKTERAN RAFLESIA)
2021	Tender Coconut Water can Inhibits Inflammation due to Cigarette Smoke	Journal of Hunan University Natural Sciences
2021	association between high density lipoprotein (HDL) level with degree of stenosis in coronary artery disease (CAD)	Jurnal Profesi Medika – Jurnal Kedokteran Kesehatan
2021	Effect Tender Coconut Water on Levels Antioksidan Endogen Due to Exposure Asap Cigarettes among Tikus Jantan Galur Wistar	Forikes
2021	Effect Diet Tinggi Kolesterol on Levels TNF α	Forikes
2021	Effect Kombinasi Probiotik and Zinc on Berat Badan Tikus Malnutrisi	Forikes
2021	Effects of Propolis Extract Supplementation during Pregnancy on Stress Oxidative and Pregnancy Outcome: Levels of Malondialdehyde, 8-Oxo-2'-Deoxogunosine, Maternal Body Weight, and Number of Fetuses	Jurnal Kedokteran Brawijaya
2021	Effect of Tender Coconut Water (TCW) on TNF- α , IL-1 and IL-6 in Streptozotocin (STZ) and Nicotinamid (NA) Induced Diabetic Rats	Pharmacognosy Journal URL

CURRICULUM VITAE

Year	Position	Journal
2021	Effects of Single or Combined Supplementation of Probiotics and Zinc on Histological Features of Ileum, Glucagon Like Peptide-1 and Ghrelin Levels in Malnourished Rats	Folia Medica
2020	IR Bagendit Paddy Leaves Extract Improves Liver Cell Morphology and Reduces The Activity of Transaminase Enzymes After Lead Exposure in Rat	Indonesian Biomedical J. 2020
2020	The impact of tender coconut water on preventing lipid peroxidation and increasing antioxidant enzymes in lead-induced rats	Medical Technology And Environmental Health
2020	Isolation, Identification Similarity And Qualitative Expression Of Metallothionein Gene in IR-Bagendit Rice (Oryza sativa)	Pharmacognosy Journal
2020	Knowledge on Behavior Life Bersih and Healthy (Phbs) Associated with Indexed Family Healthy (Iks)	FORIKES (Forum Ilmiah Kesehatan)
2020	Mercury and effect on human health : A review of the literature	IJPHS: International Journal of Public Health Science
2020	Risk factor differences of Nasal Septum Mladina Type III Classification with Maxialiaris Rhinosinusitis and Ethmoidalis Rhinosinusitis occurrences	International Medical Journal
2020	Effect Pemberian Tender Coconut Water on Levels Ureum among Tikus Galur Wistar Who Terpapar Plumbum (Pb)	FORIKES (Forum Ilmiah Kesehatan)
2020	Risk Factors of Leptospirosis In Semarang, Central Java Indonesia: a Case Control Study	International Medical Journal
2020	Faktor Sikap and Behavior Who Associated with Malaria di Service Area Community Health Center Banjarmangu I District Banjarmangu Banjarnegara	Disease Prevention and Public Health Journal
2020	Tender Coconut Water Inhibits the Process of Lipid Peroxidation, Reduce Glucose Levels, and Increase Plasma Insulin in Pregnant Diabetic Rats	Pharmacognosy Journal
2020	Iron-Folate Supplementation during Pregnancy for Prevent Oxidative Stress in Pregnant Rats : Level of MDA, Creatinine, Glucose, Erythrocyte, Blood Pressure, Body Weight and Number of Offspring	Pharmacognosy Journal
2020	Knowledge Associated with Sikap on Health Reproduksi	FORIKES (Forum Ilmiah Kesehatan) URL Fetback
2019	The Influence of Administering Propolis CMCE Extract on FSH, LH, and Testosterone Levels in MSG-Induced Male Wistar Rat	Sains Medika

CURRICULUM VITAE

Year	Position	Journal
2019	Differences Effectiveness antara latihan fisik kombinasi with circuit training on Improvement nilai vo2max pemain sepak bola junior di pedurungan semarang	Prosiding KONFERENSI ILMIAH MAHASISWA UNISSULA (KIMU) 2 Universitas Islam Sultan Agung Semarang
2019	Implementation PHBS with Improvement Knowledge and sikap through Approach Family di Village Gaji Regency Demak	Indonesian Journal of Community Services
2019	Study On Emotional Intelligence And Spiritual Intelligence As A Prediction Of Students Comulative' Grade Points Average	Journal of Critical Reviews
2019	Education Health Improving Knowledge on HIV-AIDS (Study Eksperimen Quasi among Students SMA Mothers Kartini City Semarang)	FORIKES (Forum Ilmiah Kesehatan)
2019	Cegah Disease Based Environment with STBM	Koran Jawa Pos Radar Semarang
2019	Smoking as Risk Factors to Dry Eye Syndrome	Kemas: Jurnal Kesehatan Masyarakat
2019	Tender Coconut Water, air kehidupan	Koran Wawasan
2019	Relationship Knowledge, Behavior and Environment rumah with Incidence Transmisi Tuberkulosis Paru Bandarharjo Semarang	JKLI: Jurnal Kesehatan Lingkungan Indonesia
2019	Effect of Tender Coconut Water to Prevent Anemia on Wistar Rats Induced by Lead (Plumbum)	Pharmacognosy Journal URL
2019	Differences Knowledge Perokok Aktif and Perokok Pasif on Hazards of Smoking	Jurnal Ilmiah Permas: Jurnal Ilmiah STIKES Kendal
2019	HEALTH BENEFITS OF TENDER COCONUT WATER (TCW) DOI: 10.13040/IJPSR.0975-8232.10(2).474-80	International Journal Of Pharmaceutical Sciences And Research (IJPSR)
2018	Framingham Risk Score (FRS) as Risk Factor of Stroke	International Journal of Sciences: Basic and Applied Research (IJSBAR)
2018	Age and CD4 count are dominant factors in the prediction of anaemia in Javanese HIV patients.	Asia Pasific Clinical Jurnal Nutrision Asia Pac J Clin Nutr 2018;27(3):649-654
2018	Age and Diastolic Blood Pressure Are Risk Factor of Preeclamsia: a Case Control Study in Semarang	International Journal of Medical Science and Clinical Invention (IJMSCI)

CURRICULUM VITAE

Year	Position	Journal
2018	The Effect of Tender Coconut Water on Free Radical Due to Mercury Exposure	IJPHS: International Journal Public Health Science
2018	Effect Education on Kepadatan Aedes aegypti in Prevention Demam Berdarah	Kesmas: Jurnal Fakultas Kesehatan Masyarakat
2017	Risk Factors of Acute Respiratory Infections in Practice Area for Community of Medical Students in Semarang	Kesmas: National Public Health Journal Abstrak
2017	Effect of Tender Coconut Water on Blood Lipid Levels in Hight Fat Diet Fed Male Rats	Internasinal Journal of Krishna Institute of Medical Sciences University (JKIMSU)
2017	The Role of Antioxidant to Prevent Free Radicals in The Body	Sains Medika Journal of Medicine and Health
2016	Role Tender Coconut Water for Reducing Levels Kolesterol Total	Proseding Seminar Nasional Biologi V ISBN: 978-602-10-3444-6
2016	The correlation between Medical Personnel's Attitude and Pap Smear Examination Practice at Islamic Sultan Agung Hospital Semarang	Sains Medika Journal of Medicine and Health
2016	Tender Coconut Water To Prevent Oxidative Stress Due To Mercury Exposure	IOSR-JESTFT (International Organization of Scientific Research) Journal of Environmental Science, Toxicology and Food Technology
2016	Status of Antioxidant Enzymes and Mercury Levels Between Traditional Gold Miners and Non Miners	International Journal of Science & Research (IJSR)
2015	Effect of Tender Coconut Water on Antioxidant Enzymatic Superoxida Dismutase (SOD), Catalase (CAT), Glutathione Peroxidase (GPx) and Lipid Peroxidation in Mercury Exposure Workers	International Journal of Science & Research (IJSR)
2015	Status Antioksidan Enzim, Peroksidasi Lipid and Levels Merkuri Penduduk di Lokasi Penambangan Emas Tradisional	Proseding
2015	Correlation Between Blood Mercury levels and Malondaldehyde (MDA) (Observational Study in Traditional Gold Mining in Selogiri Wonogiri)	Proseding
2015	Correlation Between Blood Mercury levels and Antioxidant Dismutase Superoxide Enzyme (Observational Study in Traditional Gold Mining in Selogiri Wonogiri)	Proseding

CURRICULUM VITAE

Year	Position	Journal
2011	Relationship antara higiene perorangan and Environment with Incidence pioderma	Jurnal Sains Medika FK Unissula
2011	Faktor Behavior Community Who Associated with Incidence malaria di daerah endemis malaria	Jurnal Sains Medika FK Unissula
2010	Pemantauan Effectiveness Obat Anti Tuberkulosis berdasarkan pemeriksaan sputum among People with TB paru.	Jurnal Ilmu Kesehatan, Analis Kesehatan
2009	Faktor Behavior Who Associated with kontaminasi bakteri Staphylococcus aureus among makanan siap saji	Jurnal Sains Medika FK Unissula
2006	Faktor Who Associated with kontaminasi mikroorganisme among jamu gendong di City Semarang	Majalah Ilmiah BIOSFERA UNSOED

E. Research Project

Year	Title / Focus of Research	Funding / Institution
2025	Sereal Nutrasetical Based Jamur Tiram Teraktivasi UV-B	Hiliriset KemdiktiSaintek (Anggota)
2025	Mi Fungsional Based Jamur Tiram Teraktivasi, Tepung Ikan, and Daun Kelor for Immunostimulan Children Stunting among Fase Growth Spurt Kedua	Kemdiktisantik (anggota)
2025	Effect Ekstrak Batang Pisang on Levels Kolesterol among Tikus Hiperlipidemia	Universitas Islam Sultan Agung (Internal Community Service Grant)
2024	Efek Kombinasi Probiotik Berbahan Tender Coconut Water and Vitamin E on Levels Kreatinin Due to Kerusakan Ginjal (Study Eksperiman among Tikus Galur Wistar Who Diinduksi Gentamicin	Universitas Islam Sultan Agung (Internal Community Service Grant)
2024	Efek nefroprotektif kombinasi probiotik berbahan Tender Coconut Water and vitamin E on peroksidasi lipid, antioksidan and inflamasi Due to kerusakan ginjal	Kemendikbud Ristek (ketua)
2024	Potensi Kombinasi Probiotik Berbahan Tender Coconut Water with Vitamin E as Nefroprotektif (Study Eksperiman among Tikus diinduksi Gentamisin)	Kemendikbud Ristek (ketua)
2024	Implementation Sereal Kombinasi Serbuk Jamur Tiram Teraktivasi UVB, Serbuk Tender Coconut Water and Serbuk Ikan Kaya Omega-3 for Prevention Stunting	Kemendikbud Ristek (anggota)
2023	Powder Formulation Berbahan Tender Coconut Water Who Enriched with Vitamin E for Preventing Stress Oksidatif Due to Diabetes (Year 2)	Kemendikbud Ristek (Ketua)
2022	Dampak Exposure Pestisida on Levels Superoxide Dismutase (SOD) (Study eksperimen among tikus hamil Who dipapar pestisida)-Sampurna	Universitas Islam Sultan Agung Ketua

CURRICULUM VITAE

Year	Title / Focus of Research	Funding / Institution
2022	Effect Exposure Pestisida on Levels Hemoglobin (Study eksperimen among tikus hamil Who dipapar pestisida)	Universitas Islam Sultan Agung Anggota
2022	Powder Formulation Berbahan Tender Coconut Water Who Enriched with Vitamin E for Preventing Stress Oksidatif Due to Diabetes (Year 1)	Kemdikbud Ristek Ketua
2021	Effect Asap Cigarettes on Levels C-Reactive Protein (Crp) (Study Eksperimen among tikus galur wistar Who dipapar asap Cigarettes) Sampurna	Universitas Islam Sultan Agung (Internal Community Service Grant)
2021	Efek Exposure Asap Cigarettes on Levels Total Antioxidant Capacity (Tac) (Study Eksperimen among tikus galur wistar Who dipapar asap Cigarettes) STZ	Universitas Islam Sultan Agung (Internal Community Service Grant)
2021	Effect Tender Coconut Water on petanda inflamasi (Study eksperimen on Levels CRP and IL-6 among tikus Who dipapar asap Cigarettes)	FK-Unissula
2021	Suplementasi Vitamin D with Serbuk Jamur Tiram Teraktivasi UVB in Prevention Stunting among Students Primary School (Scale Up Growth Spurt Kedua Aged Children Sekolah)	KemenristekBrin (Anggota)
2020	Efek Tender Coconut Water on Levels antioksidan endogen Due to Exposure asap Cigarettes among tikus galur wistar	Universitas Islam Sultan Agung (Internal Community Service Grant)
2020	Efek Kombinasi Probiotik and Zinc on Description Histologi Usus Halus, Levels Glucagon Like Peptide-1, and Ghrelin (Study Experimental among Tikus Malnutrisi)	KemenristekBrin (Ketua)
2019	Effect Tender Coconut Water on Levels Ureum Due to Exposure pblumbum (pb)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2019	Efek Tender Coconut Water on Levels insulin plasma, Glukosa and MDA among tikus hamil DM Type 2	Kemenristekdikti (Ketua)
2019	Effect Tender Coconut Water on Levels GPx Due to Exposure plumbum (pb)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2019	Effect Tender Coconut Water on Levels MDA Due to Exposure pblumbum (pb)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Effect Tender Coconut Water on anemi Due to Exposure plumbum (pb)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Use Tender Coconut Water for Preventing inflamasi Due to diabetes mellitus Type 2	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Effect Tender Coconut Water on tekanandarah tikus hamil Who diinduksi NaCl	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Relationship Knowledge with Sikap on Health Reproduksi	Universitas Islam Sultan Agung (Internal Community Service Grant)

CURRICULUM VITAE

Year	Title / Focus of Research	Funding / Institution
2018	Relationship Lingkar Pinggang with Levels Kolesterol Students Fakultas Kedokteran Unissula Angkatan 2015	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Effect Education on Knowledge Health reproduksi among Students siswi sma Mothers kartini semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Relationship Knowledge, Behavior and Environment rumah with Incidence transmisi tuberkulosis paru di Service Area Community Health Center Bandarharjo semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Effect Education on Knowledge hiv-aids among Students siswi sma Mothers kartini semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Effect Tender Coconut Water on tekanan Blood	Universitas Islam Sultan Agung (Internal Community Service Grant)
2017	Effect Tender Coconut Water on radikal bebas	Universitas Islam Sultan Agung (Internal Community Service Grant)
2017	Description karakteristik, Knowledge, sikap and Behavior People with HIV/AIDS (odha) di Semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2017	Relationship karakteristik Penambang emas tradisional with Levels Merkuri (Study observasional among penambang emas tradisional di Wonogiri)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2017	Use produk Tender Coconut Water (Nata de coco) as alternatif for Preventing Stress oksidatif pekerja terpapar merkuri	Dikti (Ketua)
2016	Effect Tender Coconut Water for Preventing Stress oksidatif pekerja terpapar merkuri	Dikti (Ketua)
2015	Profil Kebribadian Students FK Unissula (Study Descriptive with Using Edwards' Peronality)	Universitas Islam Sultan Agung (Internal Community Service Grant)
2015	Relationship antara Levels merkuri Blood with Levels MDA among penambang emas tradisional	Universitas Islam Sultan Agung (Internal Community Service Grant)
2015	Relationship antara Levels merkuri Blood with status antioksidan Superoksida Dismutase (SOD) among penambang emas tradisional	Universitas Islam Sultan Agung (Internal Community Service Grant)
2015	Use Tender Coconut Water as alternatif for Preventing Stress oksidatif	Universitas Islam Sultan Agung (Internal Community Service Grant)
2014	Faktor Environment Rumah, Behavior Community and Services Health Who Affects Incidence Infeksi Saluran Pernafasan Akut (ISPA). Study Observasional di Urban Village Penggaron Lor District Genuk City Semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2013	Effect Education on Kepadatan Aedes Aegypti in Effort Prevention KLB DBD di Daerah Endemis DBD City Semarang.	Dikti

CURRICULUM VITAE

Year	Title / Focus of Research	Funding / Institution
2012	Effect Drinking Pattern on Levels VO ₂ maks	Universitas Islam Sultan Agung (Internal Community Service Grant)

F. Community Service

Year	Title	Funding / Institution
2024	Utilization Limbah Sayur and Buah Rumah tangga Menjadi Ekoenzim for Mengurangi Pencemaran Environment	Universitas Islam Sultan Agung (Internal Community Service Grant)
2024	Optimalisasi Pemanenan Air Hujan , Jamban Apung and Development UMKM Based Mangrove in Rangka Improvement Taraf Health and Improvement Ekonomi Warga di Area Terdampak Krisis Sosial Ekologi Rob and Abrasi Di Village Timbulsloko, District Sayung, Demak	KemdikbudRistek
2023	Improvement Knowledge and Practice PHBS for Older Adults Di RW XIII Pucang Gading Mranggen Demak	Universitas Islam Sultan Agung (Internal Community Service Grant)
2023	Pentingnya Improvement Knowledge and Practice Personal Hygiene Khususnya on Health Reproduksi for Siswi SDN VII Batusari Mranggen Demak	Universitas Islam Sultan Agung (Internal Community Service Grant)
2022	Implementation Green Ekonomi in Effort Memanfaatkan Tender Coconut Water Menjadi Prebiotik in Effort Improvement Imunitas and Well-Being Di Urban Village Banjardowo District Genuk City Semarang	KemdikbudRistek
2022	Pengolahan Tender Coconut Water menjadi minuman Probiotik	Universitas Islam Sultan Agung (Internal Community Service Grant)
2021	“Edukasi on Manfaat Tender Coconut Water for Meningkatkan Imunitas Di Pandemic Period Covid-19”	Universitas Islam Sultan Agung (Internal Community Service Grant)
2020	Implementation PHBS for Preventing penularan covid-19 di Village Gaji District Guntur Demak	Universitas Islam Sultan Agung (Internal Community Service Grant)
2019	Prevention Disease Based Environment with Method stbm (sanitasi total Based Community) di Village gaji rw 3 guntur Regency demak	Universitas Islam Sultan Agung (Internal Community Service Grant)
2018	Education Family Healthy	Universitas Islam Sultan Agung (Internal Community Service Grant)
2017	Penyuluhan Behavior Life Bersih and Healthy (PHBS) and Treatment gratis for Community nelayan di Mangkang	Universitas Islam Sultan Agung (Internal Community Service Grant)

CURRICULUM VITAE

Year	Title	Funding / Institution
2016	IbM Group pekerja rosok di Urban Village Sembungharjo Genus Semarang through Improvement Practice Personal Hygiene and Sanitasi Environment Kerja	KemdikbudRistek
2016	Behavior Life Bersih and Healthy (PHBS) Tatanan Rumah Tangga and Treatment gratis for Community di Getasan Salatiga	Universitas Islam Sultan Agung (Internal Community Service Grant)
2016	Education Health and Treatment Gratis di LP Women Semarang	Universitas Islam Sultan Agung (Internal Community Service Grant)
2016	Behavior cuci tangan Who benar and for Students siswi Primary School and pemeriksaan Health	Universitas Islam Sultan Agung (Internal Community Service Grant)

G. Recognition

Year	Recognition	Document link (certificate/decree)
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H. Book

Year	Book	Publisher
2016	Module Research Methodology : Handbook tutor	UNISSULA Press
2018	Module Research Methodology : Handbook Students	UNISSULA Press
2021	Buku Material ajar Health Environment : Exposure merkuri as penyebab Stress oksidatif	UNISSULA Press
2021	Buku Material Ajar Health Environment: Exposure Asap Cigarettes as Agent Proinflamasi and Sumber Radikal Bebas :	UNISSULA Press
2021	BUKU PETUNJUK SKIL Analysis DATA	UNISSULA Press
2020	Reference Book: Potensi antioksidan among Tender Coconut Water	UNISSULA Press
2020	Module 5 : kepedulian on Community and Environment	UNISSULA Press
2020	Biostatistika kedokteran and Health	Badan Kerjasama Ilmu Kesehatan Masyarakat Ilmu Kedokteran Pencegahan Ilmu Kedokteran Komunitas Fakultas Kedokteran se-Indonesia Regional IV 2020

CURRICULUM VITAE

Year	Book	Publisher
2023	Buku pedoman belajar ilmu Health Community	UNISSULA Press
2024	Analysis Research Data Using SPSS	Cv. Yudhistt Fateeh-2024

Semarang, 22 Juli 2026

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